

## **HOLIDAY HOURS AT THE HEARTLANDS**

This year, The Heartlands sales office relocated to 60 Heartlands Boulevard and now sits in the centre of our display village.

It is larger than ever and features an amazing enclosed playground for children to enjoy whilst parents chat with our friendly sales team.

Please note that over the summer holiday period, The Heartlands Sales Office will be closing on the 19<sup>th</sup> of December and will reopen on the 3<sup>rd</sup> of January 2017.

Our regular Club Heartlands gym instructor, Jen, will also be finishing up for the year with her final session to be on Wednesday the 21<sup>st</sup> of December at the regular time of 6.30pm – 8.30pm.

Club Heartlands has been busier than ever in the lead up to summer, with residents regularly visiting the gym to maintain a healthy lifestyle that we all strive for!

A big thank you again to Jen for continuing to provide guidance to residents at Club Heartlands over the last few months. We are excited to announce that Jen will be continuing with us next year, returning on the 25<sup>th</sup> of January 2017.

Remember to keep up your regular exercise as much as you can over the holidays, even if it is a 30-minute power walk, and be sure to drink plenty of water as you indulge in holiday feasting.

For further enquiries about Jen and her services, you can visit our Facebook page!

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